



CATHOLIC COMMUNITY SERVICES
SERVING PEOPLE OF ALL BELIEFS

CRew Frequently Asked Question's

I don't have Apple Health. Do you take Medicare or private insurance?

We are not presently able to bill Medicare or other private insurance providers. Please call 2-1-1 for resources for people with Medicare or other health insurance in King County. Our Outreach Specialists in King County will work with individuals regardless of insurance coverage.

Does CRew provide housing?

Our staff can connect individuals with resources in the community to apply for transitional and long term housing and find shelter. Unfortunately CRew does not have any set-aside or priority units at apartment buildings in Seattle or King County.

How long before I can meet with a counselor?

Generally, our intake appointments happen within 2 weeks of the request for services or sooner. Most often, your intake staff will be your ongoing counselor and will continue to work with you for as long as you are interested in services.

How can I see a psychiatrist?

Individuals need to complete an intake appointment with a CRew counselor prior to being given an appointment for psychiatric assessment. Usually the wait time after seeing a counselor is a month or less.

Do you do couples counseling?

At this time we are not able to provide couples counseling. We have limited availability to offer family treatment, for adults enrolled in services.

Do you have any support groups?

Yes! Groups are held on Mondays, Tuesdays and Thursdays from 3-4pm for anyone enrolled in services. We offer Cognitive Behavioral Therapy & Relapse Prevention, Coping Skills and Art Therapy. For people who are in mental health treatment with us, we also offer a Peer Employment Support Group each week. All groups are offered at our downtown locations.

If you are a co-occurring treatment program, do I have to receive both my mental health and substance use services from CRew?

We believe that integrating behavioral health care can be very effective for long-term recovery, however, we respect individual choice to have separate service providers. If you have a solid connection with another counselor or agency, we encourage you to receive services that make the most sense for you and where you feel most comfortable.