

# 2022 Parish Toolkit

Please click on icon below to go to that page or resource.



LETTER  
FROM THE  
BISHOPS



ABOUT  
& FAQs



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INSERTS



EMAIL &  
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ANNOUNCE



PRAYERS



TALKING  
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VIDEO



RECURSOS EN  
ESPAÑOL



*Valentine Appeal*

# ABOUT & FAQs

PREPARES – Pregnancy and Parenting Support - is a program initiated by the bishops of our state in 2014. It began as a conversation about how to live out our Catholic teachings about the value of all human life and the prerequisite to protect and help those in need. In other words, the bishops sought to “walk our talk” regarding the intrinsic connection of life and justice.

PREPARES was devised as a parish-based program that would assist young, vulnerable families in need during the first five years of their child’s life. The goal is that pregnant women and families without adequate resources can obtain essential resources through our parishes. Many parishes already had programs that assisted pregnant women and families and most now participate in the PREPARES program.



## To learn more, please contact:

**Western Washington**  
Aleah Patulot  
PREPARES Program Director  
(206) 737- 9264  
ccsww.org

**Central Washington**  
Syndee Saucedo Cavazos  
PREPARES Program Manager  
(509) 946-4645  
catholiccharitiesscw.org

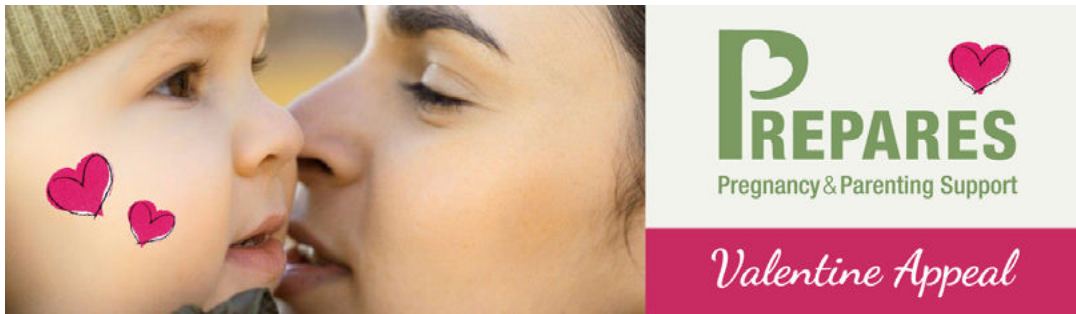
**Eastern Washington**  
Lisa Green  
PREPARES Program Director  
(509) 455-4970  
catholiccharitiesspokane.org

↓ Please click here to download the FAQs (English & Spanish)

# DIGITAL GRAPHICS

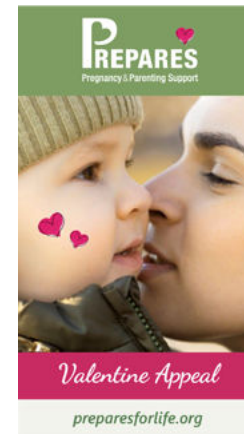
Use these digital graphics on your parish website and social media pages.  
Please hyperlink banners to [www.preparesforlife.org/donate](http://www.preparesforlife.org/donate) and include that link in social posts.

## PARISH WEBSITE



Please click the language below to download website digital graphics  
[English](#) | [Spanish](#)

## SOCIAL MEDIA



Please click the language below to download social media graphics  
[English](#) | [Spanish](#)

# BULLETIN INSERTS

The 8.5x11 flyer will be included in parish shipping materials along with instructions, poster(s) and donation envelopes. Suggest stapling the PREPARES donation envelope to the PREPARES flyer.

Parishes are encouraged to announce the PREPARES collection the week before in their bulletin. Three digital parish bulletin resources are available below.

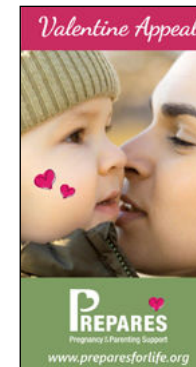
**FLYER (8.5 x 11)**  
PRINTED & INCLUDED  
IN PARISH SHIPMENT



**FULL PAGE - COVER**  
DIGITAL



**VERTICAL**  
DIGITAL



**SQUARE**  
DIGITAL



Please click here to download bulletin inserts  
(English & Spanish)

# EMAIL & SOCIAL


## EMAIL & FLOCKNOTE

### EMAIL 1

Please send an email the Tuesday **before** your PREPARES collection weekend.

### EMAIL 2

Please follow up with a reminder email the week **after** your PREPARES collection weekend. Include a link to the donation form URL ([preparesforlife.org/donate](https://preparesforlife.org/donate))

 Please click here to download email & social media language (English & Spanish)

## SOCIAL MEDIA

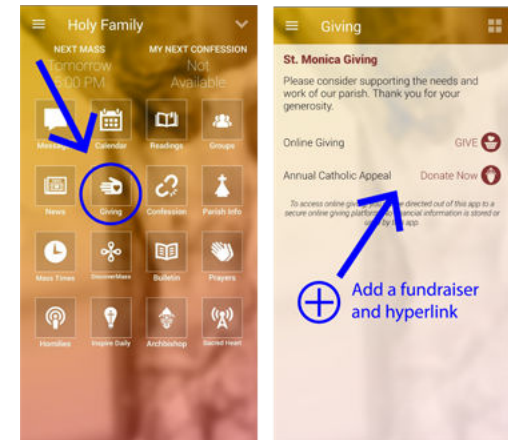
Suggest posting **before** and **after** your PREPARES collection weekend. Posts can be created from the parish or shared.



Please click the language below to download social media graphics  
[English](#) | [Spanish](#)

## MY PARISH APP

With MyParish Giving, parishes can add or remove more than one online giving portal. The MyParish app connects parishioners directly to PREPARES website to give.



MyParish Messaging: Suggest sending a message reminder to be sent Thursday after your PREPARES collection weekend.



# VIDEOS

Encouraged to use these videos on your parish website and social media pages. Please include hyperlink to [www.preparesforlife.org/donate](http://www.preparesforlife.org/donate).

## English



Please click here to stream English Video.

## Español



Please click here to stream Spanish Video.

# PRAYERS

## PRAYERS OF THE FAITHFUL

For all those families who do not have adequate resources, may we be generous in our response to them...We pray to the Lord

On Valentine's Day, may we reach out in love to families who are struggling to raise their children...We pray to the Lord

For all those who have given of their time, energy and financial resources to assist young families who have chosen life...We pray to the Lord

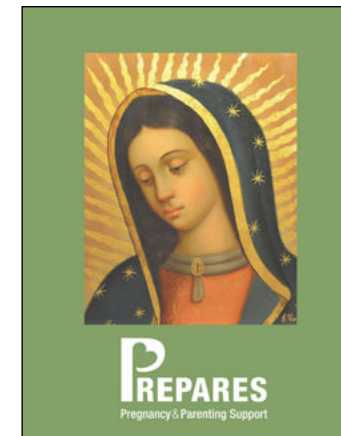
That generous contributions may assist in the expansion of the PREPARES program to every parish in our state...We pray to the Lord

For all those volunteers who are walking with vulnerable families during the first five years of their children's lives...We pray to the Lord

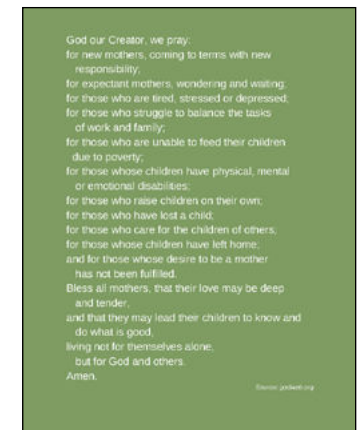


Please click here to download  
Prayers of the Faithful (English | Spanish)

## PRAYER CARD



FRONT



BACK



Please click the language below to download  
PREPARES prayer cards

[English](#) | [Spanish](#)

Please click on each icon to go to that resource in Dropbox.



**ANNOUNCEMENTS**  
*ANUNCIOS*



**PRAYERS OF THE  
FAITHFUL**  
*ORACIONES DE  
LOS FIELES*



**TALKING POINTS**  
*PUNTOS DE  
CONVERSACIÓN*



# CONTACT



## Regional PREPARES offices:

### PREPARES of Western Washington

- ☎ (206) 737- 9264
- ✉ prepares@ccsw.org
- 📘 PREPARESWW
- 📷 Prepares\_ww

### PREPARES of Central Washington

- ☎ (509) 946-4645
- ✉ preparescw@catholiccharitiescw.org
- 📘 PREPARESCW

### PREPARES of Central Washington

- ☎ (509) 455-4970
- ✉ preparesew@cceasternwa.org
- 📘 preparesforlife



## Looking for PREPARES social media posts to share? Check out your local Catholic Charity Agency and Diocese socials media pages.

### Catholic Community Services of Western Washington

- 📘 📷 📷 ccsww

### Archdiocese of Seattle

- 📘 📷 archdioceseofseattle

### Washington State Catholic Conference

- 📘 📷 WACatholics

### Catholic Charities Serving Central Washington

- 📘 CatholicCharitiesofYakima

### Diocese of Yakima

- 📘 yakima.diocese

### Catholic Charities of Eastern Washington

- 📘 CatholicCharitiesEasternWA
- 📷 cc\_easternwa

### Diocese of Spokane

- 📘 DioceseofSpokane
- 📷 DioceseSpokane