



PREPARES

Pregnancy & Parenting Support

www.preparesforlife.org

PREPARES, a parish based ministry, launched in 2014 by the Bishops of the State of Washington, provides pregnant mothers, fathers, and their families our church's promise of support and care from pregnancy through the child's fifth birthday.

PREPARES families may be in crisis pregnancies, perhaps considering abortion. Others may be raising children alone or without a healthy support network.

Everyone is welcome.



**DONATE
ONLINE**

WWW.PREPARESFORLIFE.ORG



*For more information, please contact
your local PREPARES office:*

**Catholic Community
Services of Western Washington**

(206) 327-2474

Catholic Charities of Spokane

(509) 455-4973

**Catholic Charities
Serving Central Washington**

(509) 946-4645

***A life affirming,
life changing ministry.***

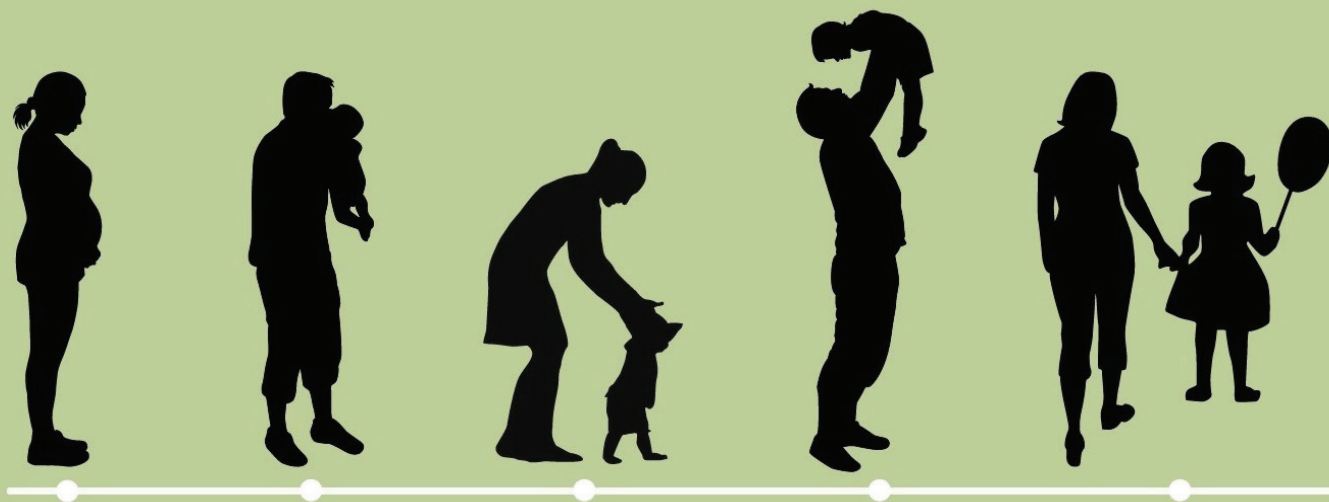


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PREPARES is a nurturing response of the Catholic community to provide support to help ensure healthy children and families from pregnancy to age five.





Walking the journey with families from pregnancy through the child's fifth birthday.

We want to make sure that no child - born or unborn - is ever abandoned or alone. We want to make sure that every mother whether she is in a small rural town or a large city...has caring people around her walking those critical first five years of her child's life.

Bishop Joseph Tyson — Cornerstone Conference 2014

YOUR PARISH CAN SUPPORT FAMILIES BY:

- Organizing a baby shower
- Supporting a diaper drive
- Walking with first time parents
- Being part of a Fatherhood Support Group
- Assisting with parent education classes
- Providing office support
- Donating to a PREPARES clothing closet
- Assembling PREPARES Bags with essential childhood items
- Contributing meals for new moms
- Being a volunteer family companion

All of us must care for life; cherish life with tenderness and warmth. Caring for life from the beginning to the end...what a simple thing, what a beautiful thing. Go forth and don't be discouraged. Care for life. It's worth it!"

— Pope Francis