

2024 Parish Toolkit

Please click on icon below to go to that page or resource.



LETTER FROM THE BISHOPS



FAQ'S



DIGITAL GRAPHICS



BULLETIN INSERTS



EMAILS & SOCIALS



ANNOUNCEMENTS



PRAYERS



TALKING POINTS



VIDEO



RECURSOS EN ESPAÑOL



Open Your Heart Appeal

ABOUT & FAQs

PREPARES – Pregnancy and Parenting Support - is a program initiated by the bishops of our state in 2014. It began as a conversation about how to live out our Catholic teachings about the value of all human life and the prerequisite to protect and help those in need. In other words, the bishops sought to “walk our talk” regarding the intrinsic connection of life and justice.

PREPARES was devised as a parish-based program that would assist young, vulnerable families in need during the first five years of their child’s life. The goal is that pregnant women and families without adequate resources can obtain essential resources through our parishes.



[PREPARESforlife.org](https://www.preparesforlife.org)

To learn more, please contact:

Western Washington
Aleah Patulot
PREPARES Program Director
(206) 737-9264
ccsww.org

Central Washington
Syndee Saucedo Cavazos
PREPARES Program Manager
(509) 946-4645
catholiccharitiescw.org

Eastern Washington
Lisa Green
PREPARES Program Director
(509) 455-4970
catholiccharitiesspokane.org

↓ Please click here to download the FAQs (English & Spanish)

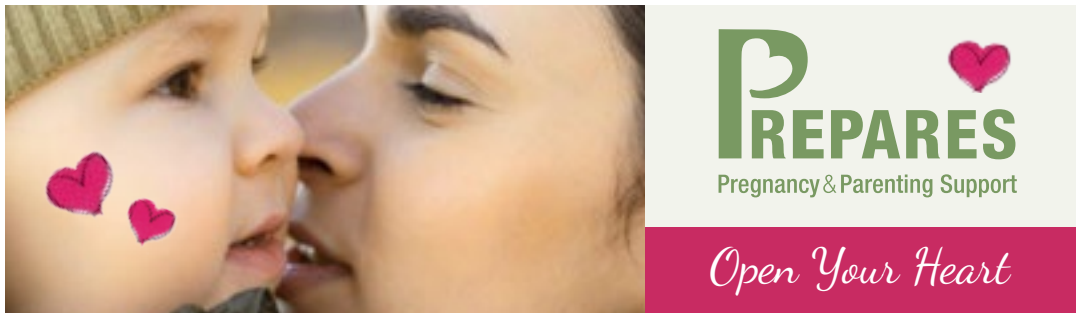
2024 Statewide Bishops' Open Your Heart Appeal

DIGITAL GRAPHICS



Use these digital graphics on your parish website and social media pages.
Please hyperlink banners to www.preparesforlife.org/donate and include that link in social posts.

PARISH WEBSITE



↓ Please click the language below to download website digital graphics
[English](#) | [Spanish](#)

SOCIAL MEDIA



↓ Please click the language below to download social media graphics
[English](#) | [Spanish](#)

2024 Statewide Bishops' Open Your Heart Appeal

BULLETIN INSERTS



The 8.5x11 flyer will be included in parish shipping materials along with instructions, poster(s) and donation envelopes. Suggest stapling the PREPARES donation envelope to the PREPARES flyer.

Parishes are encouraged to announce the PREPARES collection the week before in their bulletin. Three digital parish bulletin resources are available below.

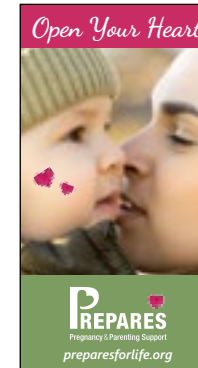
FLYER (8.5 x 11)
PRINTED & INCLUDED
IN PARISH SHIPMENT



FULL PAGE - COVER
DIGITAL



VERTICAL
DIGITAL



SQUARE
DIGITAL



Please click here to download bulletin inserts
(English & Spanish)

EMAIL & SOCIAL

EMAIL & FLOCKNOTE

EMAIL #1

Please send an email, Monday February 5, **before** your PREPARES collection weekend.

EMAIL #2

Please follow up with a reminder email February 12, **after** your PREPARES collection weekend. Include a link to the donation form URL (preparesforlife.org/donate)



Please click here to download email & social media language (English & Spanish)

SOCIAL MEDIA

SOCIAL POST #1

Suggest posting February 5, **before** your PREPARES collection weekend.

SOCIAL POST #2

Suggest posting February 12, **after** your PREPARES collection weekend.

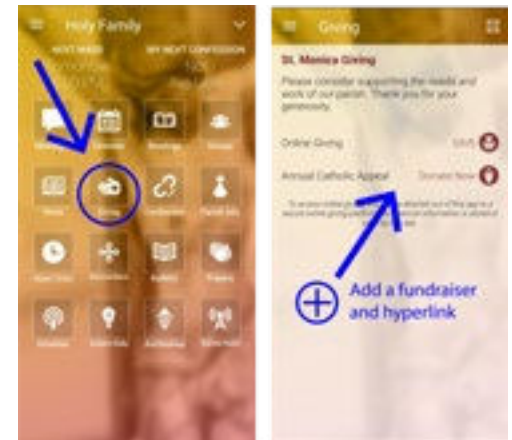
Posts can be created from the parish or shared.



Please click the language below to download social media graphics
[English](#) | [Spanish](#)

MY PARISH APP

With MyParish Giving, parishes can add or remove more than one online giving portal. The MyParish app connects parishioners directly to PREPARES website to give.



MyParish Messaging: Suggest sending a message reminder to be sent Thursday after your PREPARES collection weekend.

VIDEOS

Encouraged to use these videos on your parish website and social media pages.
Please include hyperlink to www.preparesforlife.org/donate.

English



Please click here to stream
English Video.

Español



Please click here to stream
Spanish Video.

PRAYERS

PRAYERS OF THE FAITHFUL

For all those who generously give their time, energy, and financial resources to assist young families who have chosen life...

We pray to the Lord.

For vulnerable young families served by PREPARES, that they will grow in love and resilience along with their children...

We pray to the Lord.

For PREPARES Volunteers and Companions who walk the parenting journey with vulnerable families who have chosen the precious gift of life ...

We pray to the Lord.

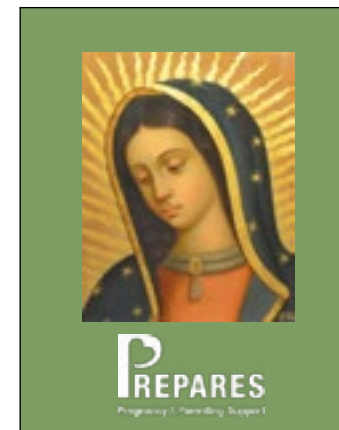
For the faith-filled expansion of the parish-led PREPARES ministry across our state, that no pregnant woman or parent of young children will be abandoned in their time of need...

We pray to the Lord.



Please click here to download
Prayers of the Faithful (English | Spanish)

PRAYER CARD



FRONT



BACK



Please click the language
below to download
PREPARES prayer cards

[English](#) | [Spanish](#)

MASS QUICK GUIDE

Please click on each icon to go to that resource in Dropbox.



ANNOUNCEMENTS
ANUNCIOS



**PRAYERS OF THE
FAITHFUL**
*ORACIONES DE
LOS FIELES*



TALKING POINTS
*PUNTOS DE
CONVERSACIÓN*

CONTACT



Regional PREPARES offices:

PREPARES of Western Washington

- ☎ (206) 737-9264
- ✉ prepares@ccsww.org
- 📘 PREPARESWW
- 📷 Prepares_ww

PREPARES of Central Washington

- ☎ (509) 946-4645
- ✉ preparescw@catholiccharitiescw.org
- 📘 PREPARESCW

PREPARES of Eastern Washington

- ☎ (509) 455-4970
- ✉ preparesew@cceasternwa.org
- 📘 preparesforlife



Looking for PREPARES social media posts to share? Check out your local Catholic Charities Agency and Diocesan social media pages.

Catholic Community Services of Western Washington

- 📘 ccsww

Archdiocese of Seattle

- 📘 archdioceseofseattle

Washington State Catholic Conference

- 📘 WACatholics

Catholic Charities Serving Central Washington

- 📘 CatholicCharitiesofYakima

Diocese of Yakima

- 📘 yakima.diocese

Catholic Charities of Eastern Washington

- 📘 CatholicCharitiesEasternWA

Diocese of Spokane

- 📘 DioceseofSpokane